



because of stigma
I won't get help

because of stigma
I lie to my family



NAMI MetroWest Annual General Meeting

Fighting Stigma: What you can do

Linda M Isbell, PhD, Professor of Psychology,
Department of Psychology University of Massachusetts

September 22, 2017, reception starts at 5:30 P.M

Employment Options at 82 Brigham Street in Marlborough, Massachusetts

Dr. Isbell will talk about things we can do in our everyday life to fight stigma. People with mental illness are stigmatized in our society and face discrimination in education, employment, health services and social interaction.

NAMI MetroWest is a non-profit, all volunteer local chapter of NAMI Massachusetts. The mission of NAMI MetroWest is to provide education, support, and advocacy for individuals and families dealing with mental illness.

Refreshments will be served. A donation of \$15 is optional.

Preregistration is required. Call 508 251 9595,

email namimetrowest@namimetrowest.org or [click here](#) for online registration:

because of stigma
I get bullied



stigmafree